

PREVIOUSLY ON "MEDIA EDGE" (July-December, 2012)

Episode 399 (December 29 - January 4)

Segment 1 -- "A Buffalo's Trail of Tears"

A short video about the annual hazing of the last wild and free buffalo, by the Buffalo Field Campaign.

Segment 2 -- "The Angola 3: Black Panthers and the Last Slave Plantation"

The gripping story of Robert King, Herman Wallace and Albert Woodfox, men who have endured solitary confinement longer than any known living prisoner in the United States. Politicized through contact with the Black Panther Party while inside Louisiana's prisons, they formed one of the only prison Panther chapters in history and worked to organize other prisoners into a movement for the right to live like human beings. This feature length movie explores their extraordinary struggle for justice while incarcerated in Angola, a former slave plantation.

Episode 398 (December 22-28)

Segment 1 -- "Health Care as a Human Right in Occupied Palestine"

At an event in Sacramento on October 30, Dr. Ruchama Marton, founder of Physicians for Human Rights-Israel and 2010 winner of the Right Livelihood Award, and Dr. Allam Jarrar of the Palestinian Medical Relief Society described the current state of health care in the West Bank. They also discussed the challenges in providing comprehensive health services in light of the military occupation. The event was sponsored by PSR/Sacramento and Jewish Voice for Peace/Sacramento, and endorsed by Sacramento Area Peace Action.

Segment 2 -- "Jerusalem...The East Side Story"

A feature-length documentary about Israel's policy to gain supremacy over the City of Jerusalem and its inhabitants. It also touches on the future of the city: Jerusalem is the key to peace; without Jerusalem, there is no peace.

Episode 397 (December 15-21)

Segment 1 -- "Visions of Abolition"

This documentary is designed to expand knowledge about the history of the prison-industrial complex and the prison abolition movement in the United States.

Segment 2 -- "Sleepless in Gaza...and Jerusalem"

Day 80: How did the British Mandate steal the Palestinians' gold? Find out about two scams that ripped off the Palestinian public. Bassam Badran, known to all as "Abu Guevara" in Toulkarem is building a Palestinian Village with a museum. See his huge collection of antiques, artifacts and documents. As he holds a piece of the fallen Berlin wall he shows you the beautiful olive wood chairs he made from his dear trees that Israel uprooted to build the wall of separation on his land. Was Palestine a land without a people? See Palestinian paper and coin currency, birth certificates, and passports used before Israel was created. What is issued by the Israelis and what do they call Palestinians in their documents?

Episode 396 (December 8-14)

Segment 1 -- "The Fragile Promise of Choice"

Through vignettes from cities and rural areas around the country, this documentary examines how restrictive legislation, in an atmosphere of harassment and violence, affects the lives of abortion providers and the women who seek their services. The film features interviews with community doctors, women seeking services, clinic directors, clergy, and counselors. Their stories illustrate the increasing number of situations in which legal does not necessarily mean accessible.

Segment 2 -- "I Won't Drown on that Levee and You Ain't Gonna Break My Back"

After Hurricane Katrina, there was a botched evacuation of the Orleans Parish Prison, and racial tension and brutality that divided the population into survivors and looters along lines of race and class.

Segment 3 -- "Sleepless in Gaza...and Jerusalem"

Day 79: Visit the Al Khatib family in Beit Hanina, Jerusalem who carry West Bank IDs but Israel has refused to issue them permits, so they are not allowed to wonder inside of Jerusalem where they live. They own land and the house on it. Israel issued them a document that allows them to walk to the Hizma checkpoint to enter the West Bank, but they are not allowed to ride in a car.

In Gaza: Head with Eman to Pasha's Palace where Napoleon Bonaparte stayed in 1799. See artifacts dating back to the Roman and Byzantine eras at the Palace Museum. Why do the large clay jars have an odd shaped bottom? What is the rumor about Islamic Leader Al Zaher Beibars and this palace and is it true? After the British took over, the Palace was used by the British as a police station with a jail; all of its furniture and contents were taken. Enter the hall used by the British as the female and male criminal jails. See the window that allows the persons inside to see outside but not the other way around.

Episode 395 (December 1-7)

Segment 1 -- "It Takes a Village"

After being devastated by a cyclone in 1991, the community of Chakaria in Bangladesh tries a new approach to community health care.

Segment 2 -- "An Evening with Rabbi Michael Lerner"

Founder of the Network of Spiritual Progressives, Rabbi Michael Lerner spoke in Sacramento in February 2012 at an event recorded by Media Edge. In his latest book, "Embracing Israel/Palestine", Lerner describes his views about building peace between Israel and Palestine, which he discusses at length during this presentation. Lerner is a political activist, the editor of Tikkun, a progressive Jewish interfaith magazine based in Berkeley, California, and the rabbi of Beyt Tikkun Synagogue of San Francisco. Lerner was a leader in the Berkeley student movement and the Free Speech Movement, chair of the Free Student Union, and chair from 1966-1968 of the Berkeley chapter of the Students for a Democratic Society. In 2003, the San Diego Jewish Journal described Lerner as "the most controversial Jew in America," writing that "He is relentlessly critical of Israel. He eulogizes Rachel Corrie. And he's done more for peace than any conservative we know."

Segment 3 -- "Sleepless in Gaza...and Jerusalem"

Day 78: See the largest Koufia (Head Scarf) cut through the streets of Ramallah to Al Manarah on the day Palestine commemorates al Nakba (Catastrophe). Mustafa Barghouti notes how what happened 62 years ago in Nazareth, Jaffa and other cities is happening today in Jerusalem and the rest of the West Bank. The Beit Liqya & Al Awda Folklore troops performs Dabka (Traditional Dance). Meet refugees and hear their wishes. What are those large metal keys people are holding? In Gaza: the Rafah border crossing has been open for the past three days after two months of closure. Join the travelers including little girl Hala whose father is in Egypt and she hasn't seen him for 2 months. How long did it take Dr. Mostafa Yousef to reach stage 2 or the trip? The ambulances that carry patients await in line. How long did old-man Mohammad Al Harazeen, who has a heart condition, have to wait till he got on the travelers list and head to Egypt for treatment? Nagham reaches the 3rd phase of the trip (the departure hall), where she finds Hamas leader Ghazi Hamad. What does he have to say? At the final stage before crossing over the border, meet Khamis Misleh who is going to see his Egyptian wife & kids after 3 years of separation.

Episode 394 (November 24-30)

Segment 1 -- "Peak Moment"

When author Cecile Andrews asked herself, "What matters?" the answer popped up: "Having time to do the things you want to do." She simplified her life, quit her full-time job, and started simplicity circles to support others in savoring life. Now she has expanded into neighborhood stop-and-chats and a Gross National Happiness movement. Her latest book advocates broadening the joy in our lives — *Less is More: Embracing Simplicity for a Healthy Planet, A Caring Economy, and Lasting Happiness*.

Segment 2 -- "From Danger to Dignity"

After more than a century of back-alley tragedies, a national movement to decriminalize abortion took root. *FROM DANGER to DIGNITY* combines rare archival footage with present-day interviews to weave together two parallel stories: the evolution of underground networks to help women find safe abortions outside the law and the intensive efforts of activists and legislators who broke the silence and changed the laws.

Segment 3 -- "Seeds of Freedom"

This film, narrated by Jeremy Irons, details how seeds, which have been the heart of traditional farming and natural biodiversity since the beginning of agriculture, are being transformed into an expensive, patented commodity used to monopolize the global food system.

Segment 4 -- "Make a Better World"

A music video by Media Edge producer Michael Stavros, blended with the music of Maria Muldaur.

Episode 393 (November 17-23)

Segment 1 -- "Peak Moment"

Novelist Dan Armstrong's *Prairie Fire* is a fast-paced thriller whose characters forge unlikely alliances to revolutionize the American food system. It's spearheaded by farmers squeezed by skyrocketing oil prices while marketeers get whopping price gains. This revolution is unlikely to succeed, yet... well, we won't spoil it! In Dan's *Taming the Dragon*, climate change causes Chinese grain production to plummet, bringing the world to the brink. Dan illuminates the real-world backdrop behind both novels. His solution? Localize food production. Meet farmer Harry MacCormack with exciting results in central Oregon.

Segment 2 -- "First Lesson in Peace"

The Jewish-Arab conflict through the eyes of a six-year-old girl.

Segment 3 -- "SHADA"

A photographic journey with Haiti's Forgotten Children by Sacramento area photographer and activist Leisa Faulkner.

Segment 4 -- "Legacy of Torture: The War Against The Black Liberation Movement"

This video documents the torture of activists John Bowman, Hank Jones and Harold Taylor by New Orleans police in 1973, and the assassinations, police brutality, and abuse suffered by the Black community during the 1960s and 1970s.

Episode 392 (November 10-16)

Segment 1 -- "The United States of ALEC"

Bill Moyers' report on the most influential corporate-funded political force most of America has never heard of -- ALEC, the American Legislative Exchange Council. A national consortium of state politicians and powerful corporations, ALEC presents itself as a "nonpartisan public-private partnership". But behind that mantra lies a vast network of corporate lobbying and political action aimed to increase corporate profits at public expense without public knowledge.

Segment 2 -- "When Abortion Was Illegal"

This Academy Award-nominated film features compelling first person accounts which reveal the physical, legal, and emotional consequences during the era when abortion was a criminal act.

Segment 3 -- "The Children of Ibdaa - To Create Something Out of Nothing"

The lives of several adolescents in a Palestinian children's dance troupe from a West Bank refugee camp. They use their performance to express the history, struggle, and aspirations of their people.

Segment 4 -- "Omar Is My Friend"

A student at Baghdad University works as a taxi driver to support his wife and four daughters. As he negotiates his clapped out taxi around checkpoints, tanks and traffic jams, he talks about work, lack of petrol, electricity, having daughters in a male-dominated society, his personal aspirations and those of his society.

Episode 391 (November 3-9)

Segment 1 -- "Peak Moment"

Futurist Guy Dauncey, author of "Climate Change: 101 Solutions to Global Warming," sees multiple environmental crises descending on us all at once. He points to numerous historical examples of our coming together around critical issues. "We can do this!" he insists. We can "change, adapt, innovate and build an entire economy operating in harmony with nature." Tools like the internet and cellphones enable us to amplify organizing worldwide, so we can follow our ancestors' lead in "not wimping out."

Segment 2 -- "When Elk Fly"

The price our wildlife pay for the sake of cattle and the diseases they brought here from Europe.

Segment 3 -- "Sleepless in Gaza...and Jerusalem"

What happened to Samer, Ala's husband and American tourist ladies on the Saturday of the Holy Fire during Easter? Join Samer and Ala' at the police station where he testifies against the soldier. After he finishes he takes you to the Lutheran Church in Bethlehem where his group awaits; Samer is a tour guide. Join the tourists to the Church of the Holy Nativity. Touch the Star on the spot "where Jesus was born." Learn from Toni Rock about the olive wood that is used to make religious ornaments and see the latest design of the cross of Jerusalem that opens into "The Wall." In Gaza, you are invited to Ahed's wedding. Start outside the groom's home where he is carried by his friends as they sing. Meet Abul Leil, the singer at weddings for 35 years.

Segment 4 -- "Generation M"

Despite the achievements of the women's movement over the past four decades, misogyny remains a persistent force in American culture. In this important documentary, Thomas Keith, professor of philosophy at California State University-Long Beach, looks specifically at misogyny and sexism in mainstream American media, exploring how negative definitions of femininity and hateful attitudes toward women get constructed and perpetuated at the very heart of our popular culture.

Episode 390 (October 27 - November 2)

Segment 1 -- "PSR 2012 Scholarship Essay Contest Finals"

This year's Scholarship Essay Contest, sponsored by the Sacramento Chapter of Physicians for Social Responsibility, was recorded by a Media Edge crew on April 29 at the Dante Club in Sacramento. The winning essays were chosen from entries submitted by greater Sacramento area high school students that reacted to this year's prompt, based on the words of the 20th century U.S. Supreme Court Justice Louis Brandeis, "We can have democracy in this country, or we can have great wealth concentrated in the hands of a few, but we can't have both." After the finalists read their essays, the authors of the top three essays earned \$3,000, \$2,500 and \$2,000 scholarships, and the other seven each earned a \$1,000 scholarship.

Segment 2 -- "What the Economic Crisis Really Means - and What We Can Do About It"

This animation sums up the key challenges facing our global society of credit crisis and resource scarcity and describes a path we can take to a happier life, now and in the future.

Segment 3 -- "Peak Moment"

"We look forward to a time when we're really able to harvest all of the fruit trees in the city that aren't being fully utilized," envisions Katy Kolker, founder and executive director of Portland Fruit Tree Project. Volunteer groups harvest trees whose fruit would otherwise go to waste. Half of the fruit goes to neighborhood food banks, and the remainder goes home with the volunteers. Tree Care workshops offered to the public cover pruning, thinning and pest and disease control. They also train Tree Care Teams who adopt clusters of fruit trees in a neighborhood. From harvesting 8000 pounds of fruit in 2008 to three times that in 2010, this growing project is bearing fruit and benefiting thousands.

Segment 4 -- "A Buffalo's Trail of Tears"

A short video about the annual hazing of the last wild and free buffalo, by the Buffalo Field Campaign.

Episode 389 (October 20-26)

Segment 1 -- "An Evening with Amy Goodman"

On January 13, 2012, Amy Goodman spoke to a capacity crowd of about 500 people at St. Mark's United Methodist Church in Sacramento. She discussed the winds of change blowing across the globe, from Tahrir in Egypt to the Occupy Movement throughout the United States. Amy Goodman is a progressive broadcast journalist, syndicated columnist, investigative reporter and author. She is the principal host of Democracy Now!, an independent global news program broadcast daily on radio, television and the Internet. After graduating from Harvard in 1984 with a degree in anthropology, she spent 10 years as producer of the evening news show at WBAI, Pacifica Radio's station in New York City. Democracy Now!, which began in 1996, now airs on more than 225 stations across North America. Goodman has received dozens of awards for her work, including the Robert F. Kennedy Journalism Award and the George Polk Award.

Segment 2 -- "Leaving"

Threatened with kidnap and facing escalating and horrific violence in their neighborhood, a Mandaean family from Baghdad reaches the difficult decision to leave their home of more than 30 years and go to live in Damascus. The film documents the painful process of selling all their goods and dividing up their house so it can be rented out and finally it records their dangerous road trip to the Syrian border and their arrival to their new, temporary home.

Episode 388 (October 13-19)

Segment 1 -- "The Story of Stuff"

With over 12 million on-line views, "The Story of Stuff" -- an animated documentary about the lifecycle of material goods -- is one of the most widely viewed environmental-themed short films of all time. Since its release in December 2007, The Story of Stuff has been shown in thousands of schools, houses of worship, community events and businesses around the world.

Segment 2 -- "The Documented Health Risks of Genetically Engineered Foods"

Jeffrey Smith presents a concise, hard-hitting talk to more than 800 healthcare practitioners at Andrew Weil's Arizona Center for Integrated Medicine conference in 2011.

Segment 3 -- "Sleepless in Gaza... and Jerusalem"

Day 75: Special Edition: Horses, camels, boats and a great day on the beach! Eman thinks that surfing requires bravery and patience and you have to have the heart of a lion. Meet the surfers Muhamad Abu Jaiab, Ahmad Abu Haseera and Kaleel Al Hassani and see them in action. There was only one surfboard to share in Gaza until an American surfer, Mathew Olson, brought them a few boards and outfits. How many surfers are there in Gaza? How many surfboards do they still have? Listen to the surfers, each telling you his dream. See families enjoying a day at the beach even before the summer starts. What does the sunset represent to Eman's schoolmate Abir? See the sunset on the Gaza beach but not before you go boat racing with Eman and Abir.

Segment 4 -- "Sleepless in Gaza...and Jerusalem"

Day 76: Join Ala' at the circus to see "Where To" by the Circus School. Shadi Zumurud, a founder of the school, describes the abstract show that is based on a story from Palestinian life. Watch the performers combine circus art, contemporary dance and theatre to live Arabic and other tunes performed with a feel of nostalgic gypsy that follow the acts and enhance the movements. Hear Mais Hajjaj, the woman in the two men and one woman show, on how the show was developed. French musician Flo Rant, a teacher at the Kamanjati music school, explains how in the old days circus and music schools worked together on acts and this is what they did for this show.

Episode 387 (October 6-12)

Segment 1 -- "What the Economic Crisis Really Means - and What We Can Do About It"

This animation sums up the key challenges facing our global society of credit crisis and resource scarcity and describes a path we can take to a happier life, now and in the future.

Segment 2 -- "The Fragile Promise of Choice"

Through vignettes from cities and rural areas around the country, this documentary examines how restrictive legislation, in an atmosphere of harassment and violence, affects the lives of abortion providers and the women who seek their services. The film features interviews with community doctors, women seeking services, clinic directors, clergy, and counselors. Their stories illustrate the increasing number of situations in which legal does not necessarily mean accessible.

Segment 3 -- "Seeds of Freedom"

This film, narrated by Jeremy Irons, details how seeds, which have been the heart of traditional farming and natural biodiversity since the beginning of agriculture, are being transformed into an expensive, patented commodity used to monopolize the global food system.

Segment 4 -- "HAITI: The Untold Story"

Since the Haitian earthquake, much attention has been given to humanitarian relief efforts, however, nobody seems to want to talk about Haiti's history and how it became the poorest nation in the western hemisphere. Media Edge producer, Michael Stavros tells the Untold Story.

Episode 386 (September 29 - October 1)

Segment 1 -- "From Danger to Dignity"

After more than a century of back-alley tragedies, a national movement to decriminalize abortion took root. FROM DANGER to DIGNITY combines rare archival footage with present-day interviews to weave together two parallel stories: the evolution of underground networks to help women find safe abortions outside the law and the intensive efforts of activists and legislators who broke the silence and changed the laws.

Segment 2 -- "Peak Moment"

Caren Black and Christopher Paddon couldn't find mentors to teach them self-reliant living when they became aware of peak oil. So they created a homestead and opened their doors to training others. People can take a personalized Lifeboat Course online or in person, where hands-on learning includes food production with domestic animals and gardens, renewable energy, and carpentry skills. "We're all in this together," Christopher notes, so the couple educate, volunteer and share to also make their community more resilient.

Segment 3 -- "Your Sanctuary"

US Secretary of Defense Leon Panetta discusses early days in Monterey, the battle and process leading to the designation of Monterey Bay National Marine Sanctuary, and what steps should be taken to ensure our oceans are protected and preserved for future generations. In this unique interview, Secretary Panetta gives his perspective on ocean issues and the movement to create more Marine Protected Areas along the US coastline.

Episode 385 (September 22-24)

Segment 1 -- "An Evening with Rabbi Michael Lerner"

Founder of the Network of Spiritual Progressives, Rabbi Michael Lerner spoke in Sacramento in February 2012 at an event recorded by Media Edge. In his latest book, "Embracing Israel/Palestine", Lerner describes his views about building peace between Israel and Palestine, which he discusses at length during this presentation. Lerner is a political activist, the editor of Tikkun, a progressive Jewish interfaith magazine based in Berkeley, California, and the rabbi of Beyt Tikkun Synagogue of San Francisco. Lerner was a leader in the Berkeley student movement and the Free Speech Movement, chair of the Free Student Union, and chair from 1966-1968 of the Berkeley chapter of the Students for a Democratic Society. In 2003, the San Diego Jewish Journal described Lerner as "the most controversial Jew in America," writing that "He is relentlessly critical of Israel. He eulogizes Rachel Corrie. And he's done more for peace than any conservative we know."

Segment 2 -- "When Abortion Was Illegal"

This Academy Award-nominated film features compelling first person accounts which reveal the physical, legal, and emotional consequences during the era when abortion was a criminal act.

Segment 3 -- "Wild vs. Wall"

The Sierra Club border film, Wild Versus Wall, details the unique and diverse natural areas along the southern borders of California, Arizona, New Mexico, and Texas, and explains how they have been and will be affected by current and planned federal border policy and infrastructure, as well as the danger to our rights and safety imposed by sweeping new powers granted to the Department of Homeland Security.

Episode 384 (September 15-17)

Segment 1 -- "Militainment, Inc." (Part 2)

Militainment, Inc. offers a fascinating, disturbing, and timely glimpse into the militarization of American popular culture, examining how U.S. news coverage has come to resemble Hollywood film, video games, and "reality television" in its glamorization of war. Mobilizing an astonishing range of media examples - from news anchors' idolatry of military machinery to the impact of government propaganda on war reporting - the film asks: How has war taken its place in the culture as an entertainment spectacle? And how does presenting war as entertainment affect the ability of citizens to evaluate the necessity and real human costs of military action?

Segment 2 -- "Reel Bad Arabs"

This devastating tour of the American cinematic landscape reveals an astonishing and persistent pattern of slanderous Arab stereotyping. Reel Bad Arabs exposes a long love affair with Arab villainy and buffoonery in American films.

Episode 383 (September 8-10)

Segment 1 -- "Peak Moment"

"I think it's very very important to know you can provide things for yourself... build your own house... grow your own food... make your own medicine." Walking his talk, Greg Crawford shows the magical wattle-and-cob house he built with hand tools using local materials: alder trees in the surrounding forest, and clay from what later became the house floor. Building his house was an "experiment in intuitive architecture ... using common sense while "letting the building evolve, change and grow on its own."

Segment 2 -- "Sleepless in Gaza... and Jerusalem"

Day 74: Driving down from Jerusalem to Jericho, you see on the left hand side the tents of the Amour Bedouin tribe, their goats and sheep. Sheikh Mahmoud Sleiman tells Yara about Bedouin life. What laws apply to them in resolving conflicts? What is the role of coffee in conflict resolution? How is life with settlers around them? In Jericho, Nasser Erekat and his son train an Arabian horse. Nader Erekat tells you how to differentiate between an Arabian and other types of horses.

In Gaza: Upper class shopping at Remal market -- so why is a Turkish-made dress the same cost whether it is smuggled through the tunnels or is imported through the border? Some goods stuck at the border since 2007 were just delivered to them. At Naghah's father's store, the last time they imported perfumes was two and half years ago. The smuggled perfumes that come in can be original or fake. Meet Ala' who imports perfume concentrates of famous brands and turns it into consumer perfume. What ingredients does he use to make the perfume? Learn how to make your own perfume.

Segment 3 -- "Militainment, Inc." (Part 1)

Militainment, Inc. offers a fascinating, disturbing, and timely glimpse into the militarization of American popular culture, examining how U.S. news coverage has come to resemble Hollywood film, video games, and "reality television" in its glamorization of war. Mobilizing an astonishing range of media examples - from news anchors' idolatry of military machinery to the impact of government propaganda on war reporting - the film asks: How has war taken its place in the culture as an entertainment spectacle? And how does presenting war as entertainment affect the ability of citizens to evaluate the necessity and real human costs of military action?

Segment 4 -- "Tax Dollars at War"

An excellent animated video, based on a radio interview about US military spending as a proportion of our national budget.

Episode 382 (September 1-3)

Segment 1 -- "Your Sanctuary"

A jaw-dropping collection of interviews and clips from the top names in Ocean and Marine Mammal film making. Greg MacGillivray, Bob Talbot, Mark Shelley contribute their wisdom, Ocean Philosophy, and gorgeous video clips. Bob Talbot reveals some tantalizing images from the upcoming MBNMS Exploration Center in Santa Cruz exhibit. Mark Shelley discusses his newly released "Otter 501", and renowned Ocean Champions Sylvia Earle and Greg MacGillivray discuss OneWorldOneOcean in a piece with glorious footage from beneath and above the waves. Spectacular barely begins to describe this episode.

Segment 2 -- "Peak Moment"

Mike Hatfield says the magic of a rocket stove is getting the heat into what you're trying to heat. His tour of a rocket stove reflects designs perfected for decades at Aprovecho Research Center in rural Oregon. They also test and suggest improvements to stoves from developing countries, aiming to reduce smoke to help children's respiratory health. Fred Colgan shows specialized stove parts and assembly jigs he ships to developing countries, where local people construct rocket stoves from mostly local materials. Appropriate technology at its best!

Segment 3 -- "Sleepless in Gaza... and Jerusalem"

Day 73: Watch the Israeli settlers perform their provocative march in Arab East Jerusalem (and the police trying to stop the Sleepless in Gaza & Jerusalem team from talking to them). A settler accuses Palestinians of not being civilized and primitive; Israeli soldiers forbid a family who lives in the old city of Jerusalem from going to their home until the Israeli protest is over; and Israeli settlers dance and sing while holding Israeli flags in the streets of Arab East Jerusalem.

In Gaza, Palestinians from the West Bank who were deported by Israel to the Gaza Strip protest in Erez (Bait Hanoon) crossing. These Palestinians headed from Erez crossing to the protest sit-in tent, which is erected to protest against the deportation order.

Segment 4 -- "Baghdad Days"

Hiba Bassem, a young woman from Kirkuk, returns to Baghdad after the war, to finish her studies at the Academy of Fine Arts. The film is a diary of her year as she tries to find a place to live, looks for work, graduates from college, deals with family problems and struggles to come to terms with her position as a woman on her own. This film won a New Horizon silver award at the Al Jazeera International Film Festival in Doha (2006) and a golden award at the Rotterdam Arab Film Festival (2006).

Episode 381 (August 25-27)

Segment 1 -- "Your Sanctuary"

"Whaling to Watching" is a video feast, laden with platters of whale footage, bowls full of whale information, and some whale comedy for dessert. Save the Whales, founder, Maris Sidenstecker shows Sperm Whales under water, Sanctuary Cruises displays spectacular humpback whale visits to their boat, Stellwagen Bank National Marine Sanctuary stars in a segment with unbelievable up-close whale research video. It's exciting, It's informative, it's a whale of a video tale. Jump in and enjoy....you'll be smiling when the credits roll.

Segment 2 -- "Peak Moment"

At first Judy Alexander was reluctant to share a car with neighbors Richard and Sue Dandridge. But their invitation intrigued her, especially since her aging car felt unsafe for long trips. After a trial year, she found the arrangement freeing and sold her car. Judy and Richard discuss their process — the agreement, scheduling, upkeep, and changing life circumstances. Beyond saving money on maintenance and insurance, there are a lot of unexpected benefits: shared errands, closer relationships, and simpler living.

Segment 3 -- "Sleepless in Gaza... and Jerusalem"

Day 72: See the Abrahamic Mosque in Hebron where lies Prophet Abraham, father of Semites, Arabs & Jews; his wife Sarah and son Isaac; his wife Rebecca and son Jacob; and his wife Liah and Prophet Joseph. Listen to Hijazi Abu Sneineh describe what happened when radical Israeli settlers barged into the mosque and started shooting at worshippers -- the massacre of the Abrahamic Mosque. The bullet marks remain. See Islamic leader Salladin's 1000-year-old Manbar (Podium) one of three of its kind in the world. See the barriers Israel built, dividing the Mosque to a section for Muslims and another for Jews, and giving access to Joseph's tomb only to the Jews. Diana shows you Abraham's Tomb.

In Gaza, join Nagham and 10-year-old Amal as she goes to hospital for medical tests. Amal had gone through a traumatic experience during Israeli attacks on Gaza: her father and brother were shot dead before her own eyes. Amal then ran out with her mother for safety and were separated with Amal, ending up at her uncle's. They were all taken by Israeli soldiers into a house, which they then bombarded. Amal remained under the rubble for 3 days before she was rescued. Join her for X-ray and CT-Scan to find out what is wrong with her.

Episode 380 (August 18-20)

Segment 1 -- "Sleepless in Gaza... and Jerusalem"

Day 71: Join Ashira in Nazareth where she discovers how the Palestinian traditional dress (Thob) has disappeared from the culture there. Watch Ashira wearing the modern Nazareth Islamic dress, including the veil "Hijab". See how people look and treat a veiled woman. Visit Kul Al Arab Newspaper and find out more about drugs and weapon problems that Palestinians in 1948 face. Did you know about the Russian and Palestinian Mafia? In Gaza, join Eman in one of the activities organized by a group of young men and women in the commemoration of the 62 anniversary of the Nakba -- "the catastrophe". The activity took place in a border area, a few meters away from the Israeli buildings. Watch the activities in which they aim to revive the Palestinian heritage. Listen to Omm Marwan who dreams of returning to the 200 donum of her father's land in Derma Village.

Segment 2 -- "The 800 Mile Wall"

The 800 Mile Wall highlights the construction of the new border walls along the U.S.-Mexico border as well as the effect on migrants trying to cross into the U.S. This powerful 90-minute film is an unflinching look at the failed U.S. border strategy that many believe has caused the death of thousands of migrants and violates fundamental human rights. Since border walls have been built, well over 5,000 migrant bodies have been recovered in U.S. deserts, mountains and canals. Some unofficial reports put the death toll as high as 10,000 men, women and children. As a direct result of U.S. border policy, migrants are forced to cross treacherous deserts and mountains in search of low skill and low paying jobs in the United States.

Episode 379 (August 11-13)

Segment 1 -- "Sleepless in Gaza... and Jerusalem"

Day 70: Join Ala' to the inside of Rachel's Tomb that was cut off of Bethlehem through the Wall of Separation and a passage with high walls that keep the Palestinians out. She enters after speaking Hebrew to the guards who only allow Israelis and tourists in. Women who have difficulties in their pregnancy go to Rachel's Tomb to get blessed because it is believed that Rachel had died after a difficult pregnancy and was buried there. See the dome of Bilal Ben Hassan mosque which is next to the Islamic graveyard and which the Israelis have taken over. Palestinians have not been allowed in that mosque since 1967. In Gaza, meet Mu'men, the famous photographer on a wheelchair. Why does he like to take photos at the old English Cemetery? See the final resting place of the allied army soldiers who fell in the war of 1914 - 1918.

Segment 2 -- "A Really Inconvenient Truth"

Al Gore's "An Inconvenient Truth" woke the world up to the dangers of global warming. But, argues Joel Kovel, while we should be grateful to Gore for sounding the alarm, we also need to go far beyond his reading of the causes of this crisis and of what needs to be done about it.

Segment 3 -- "Let the Show Begin"

This film documents a 5 day international short film festival held in Baghdad in extremely difficult circumstances in September 2005. The young organizers of the event are determined to do something constructive and to assert a sense of creativity in a situation where daily violence traumatizes and paralyzes people.

Episode 378 (August 4-6)

Segment 1 -- "Sleepless in Gaza... and Jerusalem"

Day 68: Sit in at Al Quds Radio in Gaza at a call-in program during which people tell their problems and philanthropists amongst the listeners help. To see this with her own eyes, Farah goes out to look at a case in which 10 people live in one room - their home for the past 20 years. Meet Abu Mohammad and Um Mohammad and meet their kids: this room is like a prison cell, Abu Mohammad says. Why doesn't he work? An anonymous person had heard the story on the radio show and built them a 3-bedroom home complete with a toilet and kitchen. See the new home. What a contrast!

Segment 2 -- "Sleepless in Gaza... and Jerusalem"

Day 69: Druze men and women ex-prisoners travel from the occupied Syrian Golan Heights to visit their peers in the occupied Palestinian Jerusalem. They first stop to pay condolences at Raed Abu Hammad's house, then head to Selwan to show solidarity with its people. See the old generation of prisoners sit with the new generation of prisoners. What is the difference between Ashira's Jerusalem travel document and that given to someone from the Golan Heights? Who are the Druze who serve in the Israeli Military? Meet Naser, who spent his youth in prison and was released three months ago. How does he describe being in prison? Nebal of the Sleepless Crew shows old footage of rescue workers removing the child Eman Baloushah from the rubble during the Israeli attacks on Gaza. Little Eman lost five sisters when the Mosque next door and their home were hit by an Israeli airstrike and collapsed on them. Nebal takes her to Jabalya to meet the family. See Abu Mohamad, the father, describe exactly what happened on location. The rubble of their home remains a witness to what Israel describes as a "war" and dubbed "Operation Cast Lead."

Segment 3 -- "Getting Out"

This documentary shows the impact that the Rehabilitation Through the Arts program has had on former prisoners trying to reestablish their lives. Filmed inside the walls of the notorious "Sing Sing" prison in New York, this video documents the 15-year incarceration and subsequent release of two inmates. It also highlights the difficulties many former prisoners experience trying to reestablish life outside of prison walls. This documentary was created by David Bagnall and George Stoney. Known as "the father of public access TV" by video activists across the US, Stoney passed away on July 12, 2012 at the age of 96. He is also known for his other documentaries, including the Emmy Award-winning PBS documentary "We Shall Overcome", "All My Babies" in 1953 (which was recently inducted into the National Film Registry), "The Uprising of '34" and "The Weavers: Wasn't That a Time."

Segment 4 -- "Yes We Can, Can"

A music video by Media Edge producer Michael Stavros, blending inspirational images with the music of Maria Muldaur.

Episode 377 (July 28-30)

A TRIBUTE TO GEORGE STONEY

George Stoney passed away on July 12 at the age of 96. He was a prolific documentary filmmaker (including the Emmy Award-winning PBS documentary "We Shall Overcome", "All My Babies", "The Uprising of '34" and "The Weavers: Wasn't that a Time"), educator, and "the father of public access TV." This week's episode of Media Edge is devoted to his life and never-ending support of community media.

Segment 1 -- "George Stoney: A Life in Film"

An excellent overview of the many achievements of George Stoney.

Segment 2 -- "Amy Goodman Interviews George Stoney"

On September 30, 2005, Amy Goodman interviewed George Stoney about the public access television movement on "Democracy Now!"

Segment 3 -- "Everyone's Channel"

This 1990 video documents the history of U.S. community television and public access TV, using rare video clips from across the nation. Combining unique archival footage from the early days of cable, rediscovered footage from the late 1960s, and interviews with access pioneers, it provides an illuminating overview of the people (especially George Stoney), ideas, and technological developments that helped make cable access a reality, and stresses the continuing need to see it as a vital necessity and right. From the birth of the video revolution, inspired by the marketing of portable TV equipment, to the first access channels in New York City and beyond, "Everyone's Channel" portrays the evolution of an idea that refuses to die.

Segment 4 -- "George Stoney"

An intimate and touching portrait of George Stoney at the age of 93.

Segment 5 -- "The Uprising of '34"

An excerpt from George Stoney's startling documentary, which tells the story of the General Strike of 1934, a massive but little-known strike by hundreds of thousands of Southern cotton mill workers.

Segment 6 -- "George Stoney: A Happy Collaborator"

An excerpt from a work-in-progress profile of George Stoney and his strong support of organ donation.

Episode 376 (July 21-23)

Segment 1 -- "PSR 2012 Scholarship Essay Contest Finals"

This year's Scholarship Essay Contest, sponsored by the Sacramento Chapter of Physicians for Social Responsibility, was recorded by a Media Edge crew on April 29 at the Dante Club in Sacramento. The winning essays were chosen from entries submitted by greater Sacramento area high school students that reacted to this year's prompt, based on the words of the 20th century U.S. Supreme Court Justice Louis Brandeis, "We can have democracy in this country, or we can have great wealth concentrated in the hands of a few, but we can't have both." After the finalists read their essays, the authors of the top three essays earned \$3,000, \$2,500 and \$2,000 scholarships, and the other seven each earned a \$1,000 scholarship.

Segment 2 -- "Big Bucks, Big Pharma"

This video pulls back the curtain on the multi-billion dollar pharmaceutical industry to expose the insidious ways that illness is used, manipulated, and in some instances created, for capital gain. Focusing on the industry's marketing practices, media scholars and health professionals help viewers understand the ways in which direct-to-consumer pharmaceutical advertising glamorizes and normalizes the use of prescription medication, and works in tandem with promotion to doctors. Combined, these industry practices shape how both patients and doctors understand and relate to disease and treatment. Ultimately, "Big Bucks, Big Pharma" challenges us to ask important questions about the consequences of relying on a for-profit industry for our health and well-being.

Episode 375 (July 14-16)

Segment 1 -- "Peak Moment"

Innovative farmer Joel Salatin says sustainable agriculture requires both perennials (like native grasses) and herbivores (like cattle) to build soil. Mimicking patterns from nature, this maverick Virginia farmer rotates cattle followed by chickens into short-term pasture enclosures, where their poop fertilizes the earth. His new book, "Folks, This Aint' Normal", is a critique of the industrial food system, and envisions a future where humans are participants in a regenerative, sustaining community of abundance.

Segment 2 -- "Sleepless in Gaza...and Jerusalem"

Day 66: Diana goes to Tulkarm at 4:00 am to the Taybeh Entrance where Palestinian workers get inside Israel to their work places. Khaldoun from the Ministry of Workers tells Diana about the daily suffering the workers has to go through. Workers explain to Diana the security check they have to go through on a daily bases. Diana goes with Khaldoun to see an Israeli chemical factory that is built on Palestinian lands and it's harmful affect on the Palestinians living in that area. Diana decides to go visit a worker in Tammoun next to Tubbas who got beaten up and burnt by Israelis. In Gaza, Iman goes to the Gaza World Cup Tournament. Since Gazans can't leave Gaza to watch the real World Cup, they invented their own. Watch the match between Egypt and Algeria.

Segment 3 -- "Sleepless in Gaza...and Jerusalem"

Day 67: Join Yara and Diana in Al Ram where a group of volunteers called Ehna Gheir ("We are Different") organized a play day for Palestinian kids. Check out the messages those kids wrote to the world to see, sticking them on balloons and releasing them all at once. In Gaza, Nagham finds out that all branches of the Arab Bank closed and only one is left. Check out how people are angry and furious for not getting paid their monthly salaries.

Segment 4 -- "Yeah, My Moms Wear Comfortable Shoes"

Four individuals describe what it was like to grow up in a home with a lesbian mom and her partner.

Segment 5 -- "Make a Better World"

A music video by Media Edge producer Michael Stavros, blended with the music of Maria Muldaur.

Episode 374 (July 7-9)

Segment 1 -- "An Evening With Naomi Tutu"

Naomi Tutu, daughter of Archbishop Desmond Tutu, spoke in Sacramento in March at an event recorded by Media Edge. Tutu was educated in Swaziland, the US and England, and has divided her adult life between South Africa and the US. She has served as a development consultant in West Africa and a program coordinator for programs on Race and Gender and Gender-Based Violence in Education at the African Gender Institute at the University of Cape Town. She has also taught at the Universities of Hartford and Connecticut and Brevard College. The challenges of growing black and female in apartheid South Africa has led to her present avocation as an activist for human rights. Those experiences taught how much we all lose when any of us is judged purely on physical attributes. During her Sacramento appearance, she blended her passion for human dignity with humor and personal stories.

Segment 2 -- "Grounds for Resistance"

This documentary film is about Coffee Strong, a coffee shop located outside the gates of the U.S. Army base Fort Lewis in Washington: its importance for its most active members, active duty soldiers and their families, veterans of recent and past conflicts, and regional and national political movements. At the center of the film are the men and women whose experiences in the military and war compel them to commit themselves to help others who are serving or have served in the past. Each individual featured in the film exists within a nuanced tangle of conflicting emotions tied to pride, dedication to service, friendship, anger, disillusionment, sadness, and guilt. The film examines each one's stories from their decisions to join the military, their experiences of war, and their motivations for devoting themselves to Coffee Strong. It explores how their relationships with one another and their activist efforts to make a more peaceful and just world.

Segment 3 -- "Tax Dollars at War"

An excellent animated video, based on a radio interview about US military spending as a proportion of our national budget.